

ROOT BRANDS

Getting to the Root Cause



PRODUCT INFORMATION & TESTIMONIALS



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ROOT is a nutritional supplement company with a mission is to support exceptional health and wellness.

ROOT is founded on an understanding of toxins and chemicals and how they harm our health and most biological process in the body. ROOT targets the underlying root cause of symptoms with natural, organic and GMO-free solutions. The focus is on providing the body what it needs to function at its best and help protect it from further damage.

ROOT is now distributed to over 80 countries worldwide. The No. 1 foundational product is Clean Slate, to help eradicate 1000's of environmental toxins from the body. The full comprehensive detox is The Root Trinity Pack (Clean Slate, Zero-In & Restore) and further immune support is provided by ReLive Greens, Natural Barrier Support & Immune Defence Shield.

Please note: Information is for educational purposes only, we do not give any medical advice or make any claims, always check with your health professional for information about diagnosis or treatment. These products are not intended to diagnose, treat, cure, or prevent any disease.



Why we need Clean Slate

We are all toxic from heavy metals, pesticides and chemical pollutants from our environment from our food, water, air, cleaning products, carpets, cosmetics, cars, toys, dental fillings even baby products. The constant daily exposure of toxins start in the womb and in later years contribute to sleep problems, lack of energy, focus and loss of vitality. Clean Slate is a safe and natural solution to help reduce the toxic burden on our bodies, boost the immune system and allow it to function properly.

Clean Slate Ingredients

Bioavailable Silica (Orthosilicic Acid) derived from Zeolite (Clinoptilolite), Vitamin C, Trace Minerals from the Great Salt Lakes.



What is Clean Slate?

- Clean Slate is a unique proprietary formula unlike any other. ROOT utilises patent-pending techniques to produce a liquid solution derived from Zeolite (clinoptilolite) with a high content of Bioavailable Silica.
- The special nano cage-like crystal structures in Clean Slate go to work cleansing the body of 1000's of environmental toxins at a cellular level. It's able to bind to toxic heavy metals such as mercury, aluminium, lead, arsenic, thalium, cadmium, arsenic, glyphosate and other pesticides, flouride, allergens, even mold and fungus spores, then safely eliminates them through urine.
- When removing toxins from cellular binding sites, it is important to replenish the body, so 75 trace minerals have been added from the purest source, the Great Salt Lakes and Vitamin C for stability and cell membrane permeability.



How do I take Clean Slate?

- Clean Slate is a powerful detoxifier, so it's important to follow dosage guidelines carefully and take your time.
- Take it orally (under the tongue) or in a glass of water.
- Start slow with 1 x single drop for the first couple of days.
- Increase by 1 x drop at a time, building up to the maximum dosage of 10 x drops twice daily (am + pm).
- Can be taken on an empty stomach or with meals.
- If you experience any side effects such as headaches or itchy skin, reduce your dose and drink more water.
- Clean Slate can be taken by pregnant women, babies and any age up to the elderly.
- Don't forget your pets, you can put 1-2 drops in their food every day to keep them in great health.

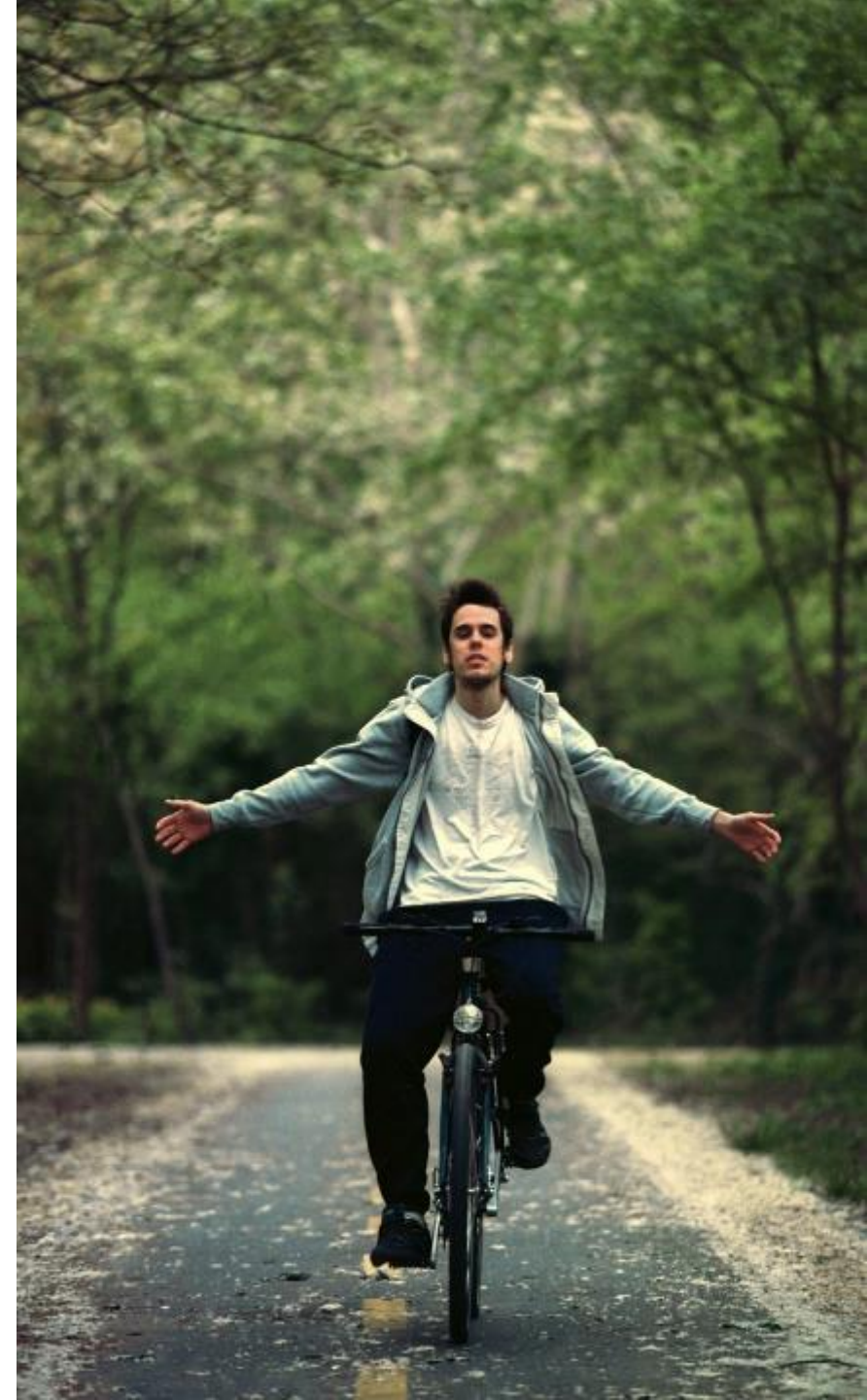


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The Benefits you MAY Experience with Clean Slate:

- Better, deeper sleep.
- More energy and vitality.
- A sense of positivity and motivation.
- Reduced anxiety, better moods.
- Better focus and concentration.
- Joint aches and pains reducing.
- Improved digestion, less 'trigger' foods.
- Balanced hormones.
- Reduced cravings (sweets, alcohol, smoking).
- Weight loss particularly around the tummy.
- Blood pressure normalising.
- Better circulation.
- Improvement to skin conditions.

Don't rush the process, good things can take time...



Heavy Metals & Your Health

Mercury - Cadmium - Lead - Arsenic - Gadolinium - Aluminum - Strontium - Iron - Chromium - Thallium - Cobalt

Air Pollution

- Bleed air
- Disinsection
- Chemicals
- Carbon monoxide
- Lead
- Nitrogen Oxides
- round-level ozone
- Particle Pollution
- Sulphur Oxides
- Emissions from factories, cars, planes
- Second-hand smoke
- Wildfires
- Smog
- Asbestos
- Benzene
- Creosote
- PAHs
- Petroleum Hydrocarbons

EMFs

- Mobile Phone
- Power lines
- Dirty Electricity
- Electrical Appliances
- Smart Meters
- Smart Hubs
- MRI, CT, X-Ray's
- Microwave radiation
- WIFI & Bluetooth
- ↑ Oxidative Stress
- ↑ Cellular Damage
- ↑ ROS Damage
- ↑ Amalgam Microleakage
- Pineal Gland & Melatonin
- Cognitive Decline
- Fertility
- Childhood Leukaemia
- Glioblastoma

Skeletal System

- Osteoarthritis
- Dental Fluorosis
- Skeletal fluorosis and fractures
- Glyphosate
- Vitamin D
- Stem Cells
- Flouride

Integumentary System

- Collagen
- Derma
- Nails
- Cartilage
- Bone
- Connective Tissue
- Tattoo ink
- Heavy metals
- Psoriasis / Eczema

Autism Spectrum

- Transgenerational
- Premature
- Gestational Diabetes
- Vitamin D
- Neurotransmitters
- Vitamin A
- Pre-eclampsia
- Glyphosate
- Cytochrome P450
- Vitamin D
- Fertility
- IVF
- Gut Dysbiosis
- ADHD

Neurotransmitters

- Melatonin
- Serotonin
- Dopamine

Pulmonary

- Asthma
- COPD
- Vaping
- Second-hand smoke
- Airborne toxins

Urinary System

- Kidney function
- Prostate
- Urine

Lymphatic System

- Nf-kB activity
- Gut homeostasis
- Interstitial fluid
- Dietary lipids

Neurodegenerative

- Alzheimer's
- Parkinson
- Dementia

Eye Health

- Glaucoma
- AMD

+/-



Cardiovascular

- Blood pressure
- Stokes
- Dyslipidemia
- Heart Rate Variability
- Diabetes
- Metabolic Syndrome
- Sleep apnea
- Kidney disease

Digestive System

- Liver
- Vitamin D
- Gut Microbiome

Oxidant-antioxidant system

- Reactive Oxygen Species
- Antioxidant
- Vitamin A
- Vitamin D

Metabolic Dysfunction

- Obesity
- Metabolic Syndrome
- Non-Fatty Liver

Auditory

- Hearing loss
- Tinnitus

Endocrine

- Diabetes
- Gestational Diabetes
- Thyroid
- Hypothalamus
- Pineal gland
- Sleep
- SAD
- Ovary
- Testis

Reproductive System

- Fertility
- IVF
- Menopause
- Andropause
- Erectile Dysfunction
- Hormone Regulation

Autoimmune

- Chronic Fatigue/ME
- Psoriasis / Eczema
- Fibromyalgia
- Lupus
- Vitiligo
- Hemolytic anemia
- Celiac disease /IBD
- Type 1 Diabetes
- Thyroid disease
- Guillain-Barre syndrome
- Rheumatoid
- Liver and Autoimmunity
- Multiple Sclerosis
- Vitamin D
- Arthritis

Glyphosate

- DNA damage
- Epigenetics
- Fertility
- Gut Microbiota
- Cancer
- Neurological
- Cardiovascular
- Autism
- Air, Food, Soil, Water
- Skeletal System
- ↓ Liver detoxification
- ↓ Cytochrome P450 (CYP)
- ↓ Downregulate enzymes

Fluoride

- Neurotransmitter
- Dementia
- Damage to the Hippocampus
- Thyroid damage
- Collagen
- Osteoporosis
- Brain damage, lowered IQ
- Impaired Thyroid function
- DNA damage and cell death
- Fertility
- Muscle disorders
- Dental Fluorosis
- Skeletal fluorosis and fractures
- Formation of beta-amyloid plaques
- Bone Cancer
- Prostate cancer
- ↑ Uptake of aluminium
- ↓ Nicotinic acetylcholine receptors
- ↑ Heavy metal absorption
- ↑ Pineal gland
- Kidney damage
- DNA damage and cell death
- Arthritis
- Inhibits antibody production

How 1000's of everyday toxins are disrupting the biological processes in your body.



Zero-In- What is it?

- Zero-In is a powerful blend of adaptogens and amino acids to improve energy, focus and a relaxed, positive state of mind. Also known as a natural nootropic, it's an on-the-spot capsule for when you need it.
- Zero-In stimulates gut to produce neurotransmitters dopamine and serotonin. Dopamine is known to improve mood, focus, concentration, mental clarity. Serotonin is your natural “feel good factor” and helps you relax.
- It's popular among ADHD teens, menopausal women, hardworking professionals, sports athletes who want to boost their stamina and many others.
- Zero-In is patent-pending formula that provides enhanced efficacy, as a 100% natural stimulant it works in perfect synergy with Clean Slate for optimum performance.



Ingredients in Zero-In

- Tumeric Root Extract
- Velvet Bean Seed
- Pine Bark Extract
- Anhydrous Caffeine
- L-Theanine
- N-acetyl L-Tyrosine
- Vitamin D3



How do I take Zero-In?

- Take 1 capsule in the morning as needed on an empty stomach.
- One capsule can provide benefits for up to 5 hours.
- You can take 2 capsules together in the morning to provide benefits throughout the day.
- You can take up to 4 capsules in one day but this is not always necessary.
- If a smaller dose is required, break open the capsule.
- Zero-In can be taken when you've been on Clean Slate for at least 2 weeks.

1 x month
supply
(sachets)



What is Restore?

- Restore is the 3rd and final part of the Trinity. As its name suggests, this powerhouse of ingredients of vitamins, antioxidants and amino acids work together to strengthen and restore a leaky gut and super-boost a damaged immune system.
- Restore is popular among those with auto-immune, leaky gut, cancer and inflammatory conditions such as Rheumatoid Arthritis.
- It's hard to get across the potency of this product, Restore is key in helping to regenerate your gut microbiome, destroy fungus and parasites and reduce systemic inflammation to rehabilitate and tighten the gut wall.



Restore Ingredients

- Turmeric Root Extract, Curcumin
- Black Cumin Seed Oil
- Raspberry Ketones
- Resveratrol
- Aloe vera
- Apple cider vinegar
- D-Ribose
- Monk Fruit
- Citrus Extract/Citric Acid
- Xanthan Gum
- Org Evaporated Cane Juice

(Photo: Restore under a microscope).

1 x month
supply
(sachets)



How do I take Restore?

- A 30 x day pack of Restore is provided in 15 x sachets.
- Take half a sachet orally per day and save the other half for the following day.
- OR take 1 sachet per day in 3 x divided doses – so 1/3 morning, 1/3 lunchtime and 1/3 in the evening.
- You can take Restore on its own or with a drink or in a smoothie. Your opened sachets can be stored in the fridge.
- Restore is very powerful for topical use, when used for pain relief, wounds, skin conditions or face masks.
- For small children or pets: Start with a tiny amount at first, working up to a 1/3 of teaspoon 3 x times a day.

The logo consists of the letters 'R' and 'O' stacked vertically in the left column, and 'O' and 'T' stacked vertically in the right column. A horizontal line is positioned between the top and bottom rows, and a vertical line is positioned between the two columns. A registered trademark symbol (®) is located at the top right of the 'O' in the top row.

R | O[®]
O | T

The background of the image is a dark, semi-transparent overlay of two women's faces. The woman on the left is smiling and has dark hair. The woman on the right has light-colored eyes and is looking directly at the camera.

ROOT Testimonials

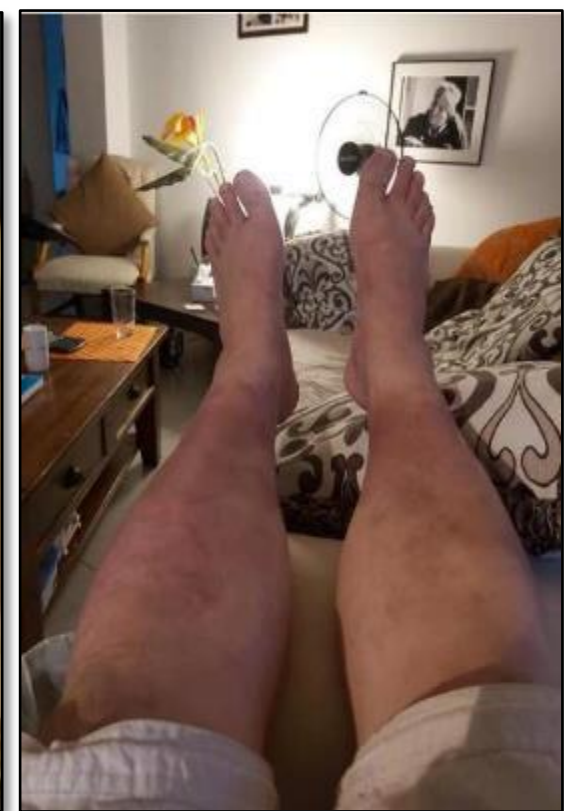
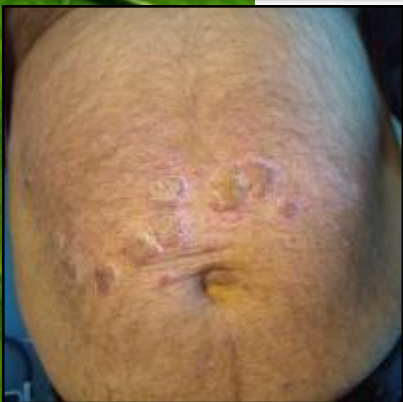
Real People, Real Outcomes

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Severe Psoriasis

Mark: 10 years sufferer of aggressive Psoriasis. Prescribed Methotrexate, steroid cream and many other meds. His skin became infected and doctors suggested amputating his leg. **Protocol:** Clean Slate only 2 x 10 drops per day.

Result: Shown here after 3 weeks. Mark stopped his medication and scar tissue is now healing.



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Skin Health & Chronic Fatigue

Estelle: Suffering crippling chronic fatigue, was no longer able to run her business.

Protocol: Clean Slate only.

Result: More energy, better sleep, no brain fog, rejuvenated skin, improved eyesight.



Rheumatoid Arthritis, withdrawal from medication

Jacqui: Suffering with arthritic joints, prescribed Sulfasalazine since 20's (now 58), Diclofenac (anti inflammatory) and Meprazole (acid reflux).

Protocol: Clean Slate 1 drop twice per day increasing to 8 drops twice a day after 3 months.



March 2022



September 2022

“I am absolutely amazed, my sleep is the best it's EVER been! My energy levels are through the roof, my acid reflux has gone and I feel so positive. I have come off all my tablets for the first time in 30 years - it's the best feeling in the world to be in control of my own health at last.”

Jacqui

Adverse Reactions to Medical Procedure

Jen: Severe daily migraines and fatigue, signed off from work, unable to drive or use a PC.

Protocol: Clean Slate only, 3 drops twice a day.

Result: Migraines stopped within 3 days, returned to driving and working the following week.



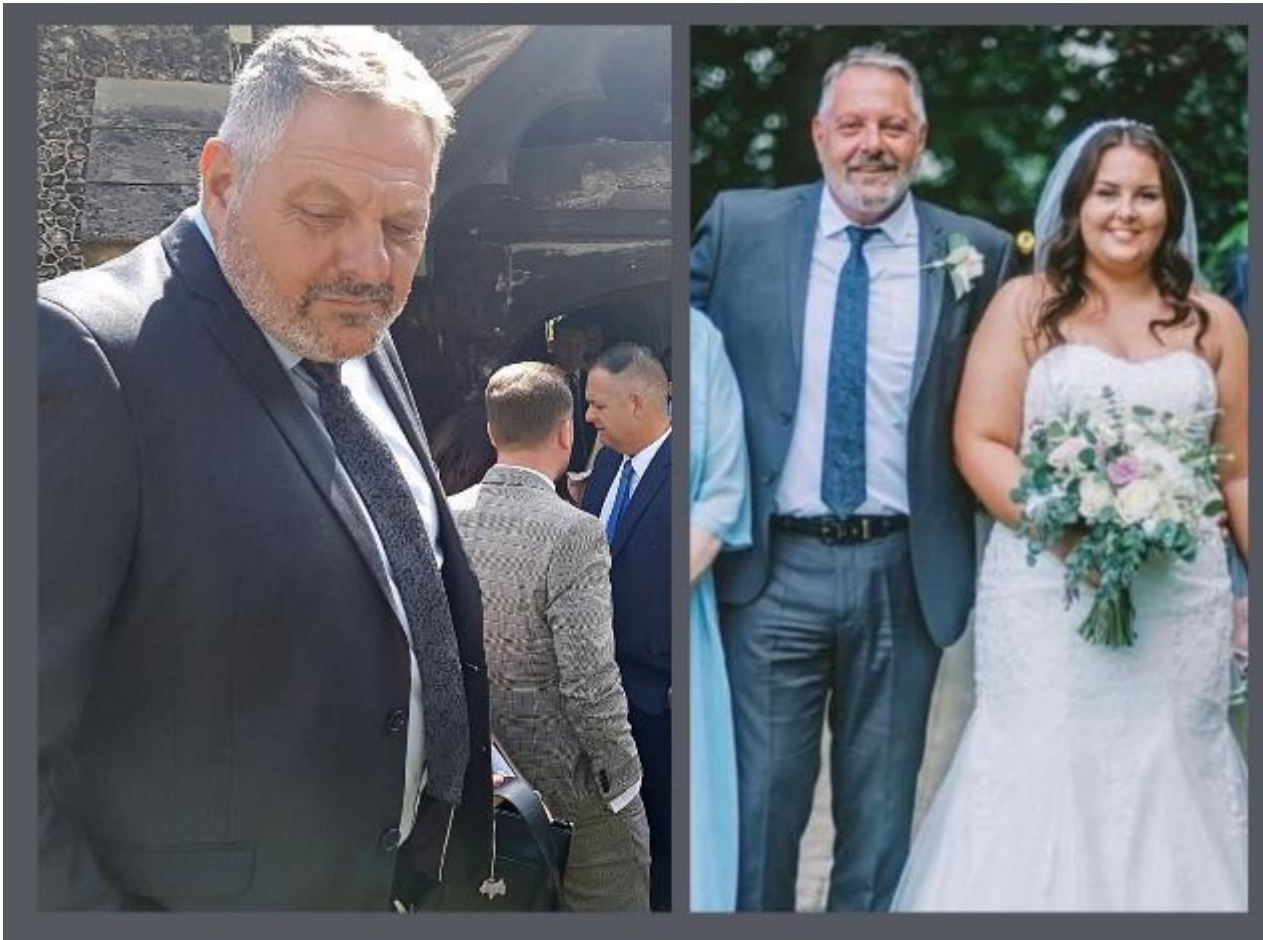
“This time 3 weeks ago I can’t explain how depressed I was feeling because of my migraines. I would sit around crying all day and fearing waking up knowing what the day would bring. Now I’m literally like a new person, the migraines stopped after just a few days of taking Clean Slate. I’ve been so much more happier and positive and I have loads of energy. I’m over the moon.”

Weight Loss, Psoriasis & Joint Pain

Graham: Stubborn weight gain, Psoriasis on neck for 20 years, fatigue, joint pain, foot injury

Result: Lost 3 stone in weight (42 pounds), Psoriasis cleared up, hip pain resolved, better sleep, more energy, less brain fog, improved eyesight.

Protocol: Clean Slate 5 drops twice a day for 3 months then maintenance dose of 5 drops per day.



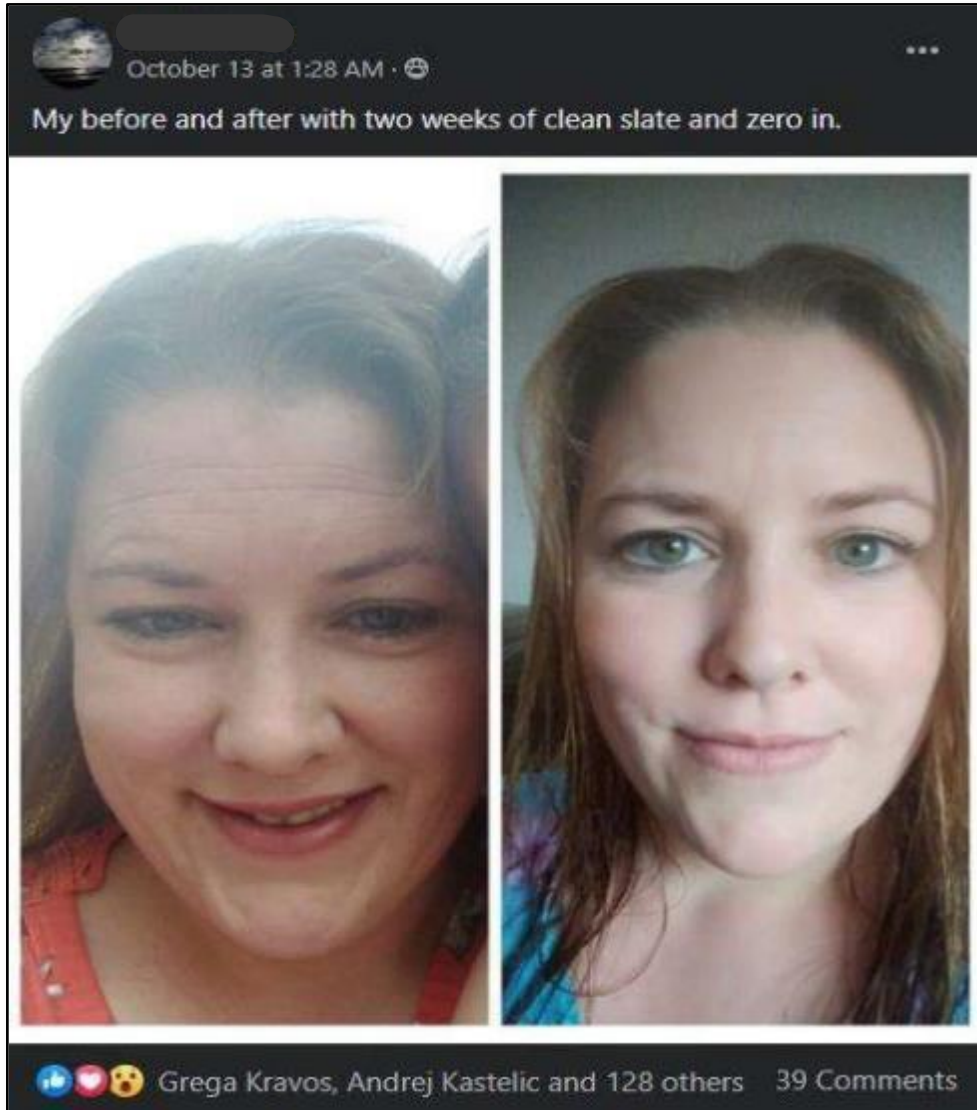
“I was getting fed of feeling bloated and tired all the time. Within a week of taking Clean Slate I was sleeping better and had much more energy, I left my job in IT which I didn’t enjoy and went back to my old craft of floor laying. The weight loss was a massive bonus and my Psoriasis clearing up was a real surprise as I’ve had it for so long.”

Graham

General Health

Ann: Stubborn weight gain and bloating brain fog and cravings.

Protocol: Visible results after 2 weeks on Clean Slate & Zero-In.



“I’m feeling great!
Inflammation is gone, brain fog
is gone! I’m craving clean
foods. I’m dreaming again and
remembering them.”

Ann

Autism

Protocol: Clean Slate start with 1 drop up to 10 drops am/pm, Zero-In capsule can be added from Week 3.

Spot the differences. Left before Cleanslate and right 4 months later.

And with zero added, he suddenly learns to cash register at Brownies and Downies and gets hours of extension.

From an autistic boy he turned into a happy young man. He can concentrate, talk, say what he wants, improve me 😊 (real Haarlem mosquito zifter).

He doesn't want the Restore (yet) but curious what that can bring him

⚙️ · [Rate this translation](#)



Our Autism Journey Non-verbal no longer!

Hi! My son Michael turned 14 in January 2021. He had been completely non verbal since he was about 15 months old.

Stephanie reached out to me and invited me to a zoom call, to discuss a heavy metals detox product (Clean Slate). I was impressed by everything I heard on the call, so I gave it a try.

Within 10 days my son was sleeping through the night (something he had never done). He was taking naps during the day too, on some days.

By the end of the 3rd week, he started mumbling consonants : the first ones I noticed were g, b and m. With some practice, he could say his name, (Michael), Koko, come, go, about half of the letters of the alphabet.

With colours, numbers and letters of the alphabet, it was obvious that he had been learning things all these years, but just couldn't express himself.

We are about 3 months in with Clean Slate now, his skin is clear (he had some recurring patches), he is calm and confident and is gaining new words.

We are so happy about the progress he is making and sooooo excited for the future!!!

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Auto-Immune

Lauren: Diagnosed with diagnosed Autoimmune Progesterone Anaphylaxis and Dermatitis, Mast Cell Activation Syndrome, Postural Orthostatic Tachycardia Syndrome, Reynaud's, IBS, CFS, Hashimoto, PMDD. Prescribed multiple medications.

Protocol: The ROOT Trinity (Clean Slate, Zero-In, Restore).



"Five months in I am off all of my meds (except thyroid). I don't have to take forced naps twice a day. "Depression" is gone (never thought I was actually depressed, just sick). Lost 50 lbs. I feel sooo good... didn't know I could ever feel like this!"

Blood Sugars, Weight Loss, Sleep

Protocol: Showing visible results after taking Clean Slate & Zero-In.



*“The photos say everything!!
Three weeks since I’ve been taking
the drops and pills and already I
feel their effect! I feel like I am
deflating. I sleep better, my blood
sugar levels don’t increase as
much anymore, I don’t like to eat
sweets as before. I RECOMMEND
these miracles that cleanse our
body!!”*

Tiglar

Clean Slate: Live Blood & Urine Tests

Protocol: Clean Slate only.

Clayton Thomas
Moderator · March 13 · 🌱

How does CleanSlate affect your body? How quickly does it start working?

CleanSlate starts working immediately. Here is live blood analysis of a 38 year old smoker pre and 10 minutes later after 10 drops.

👍❤️👎 125 84 Comments

Visible results in live blood 10 minutes later

Clayton Thomas
Moderator · March 11 · 🌱

Want to see what CleanSlate does?

430% increase in mercury excretion in 7 days. 10 drops twice daily. No negative side affects.

TOXIC METALS PRE PROVIDE	TOXIC METALS POST PROVIDE
Mercury (U/L)	Mercury (U/L)
Lead (U/L)	Lead (U/L)
Cadmium (U/L)	Cadmium (U/L)
Copper (U/L)	Copper (U/L)
Iron (U/L)	Iron (U/L)
Magnesium (U/L)	Magnesium (U/L)
Manganese (U/L)	Manganese (U/L)
Nickel (U/L)	Nickel (U/L)
Selenium (U/L)	Selenium (U/L)
Silver (U/L)	Silver (U/L)
Sodium (U/L)	Sodium (U/L)
Zinc (U/L)	Zinc (U/L)

👍❤️👎 90 50 Comments

430% increase in mercury excretion after 7 days

Eye Health

Protocol: Clean Slate only.

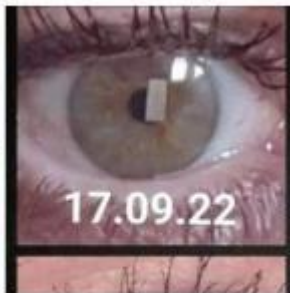


6 d · 🌐

Awesome, all users have gotten clearer/
brighter eyes and brighter eye white

⚙️ · [Rate this translation](#)

I've been tracking my progress...just noticing how the iris color is changing during this detox process from day 1 to day 20. 🤩
(I'm so glad that I took a picture when I started!)



Skin Inflammation

Protocol: Results after taking Clean Slate for 4 months.



April 20 at 3:54 PM · 🌐

Such a swollen, swollen foot was normal for me every 2-3 months. Very painful story when you stand in business. 😞
I have been taking the detox products for 4 months and I'm just amazing. I didn't have a push anymore and I can move completely painlessly again. Just a blessing for me 😊❤️😊

⚙️ · [See original](#) · [Rate this translation](#)



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Headaches, Overactive Bladder, Cholesterol

Protocol: Clean Slate only.

12h · 🧑

Feels so good to be done with pharmacy prescriptions!
No more overactive bladder!
No more headaches
No more cholesterol problems
No more over the counter pills!
Haven't had a single prescription filled since April!
Hallelujah praise the Lord for Clean slate!
Dr. Christina Rahm is brilliant!

[#deeplyrooted](#)
[#givenebackmyyouth](#)
[#cleanslate](#)



Dementia

Protocol: Clean Slate & Zero-In for 4 months.



"This is my 79 year old husband David Hayward, he started on Clean Slate late March, at that time he walked with a shuffle, as he had no confidence in his balance. Today, July 3rd, this is him on our deck. He had given up playing the trumpet and he only felt comfortable speaking with close friends as he could no longer find words and it was difficult to understand him. His speech is still slow but he improves and he is back practicing the trumpet, painting and doing his Astrology research. I cannot express my joy in watching my husband regain his ability to enjoy life".

Joy

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Dementia

After a decline in health she was unable to communicate well, repeating questions and being aggressive.

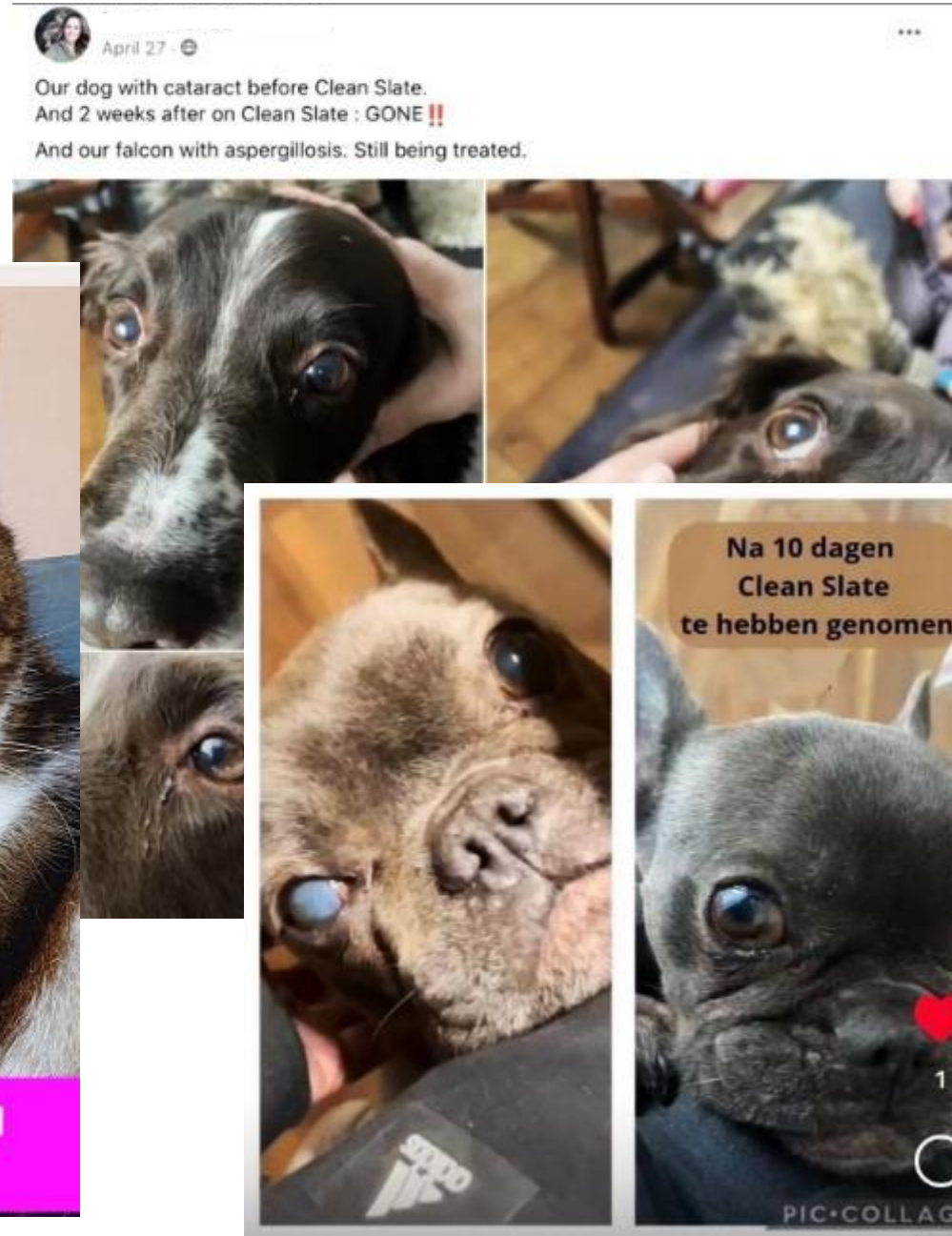
Protocol: The ROOT Trinity administered by her daughter Lourdes for 7 months. (Clean Slate, Zero-In & Restore).

Result: No longer having outbursts in public, improved mood and cognitive function, not repeating words anymore, communicating well. Now enjoying a social life and spending time with family.



Pet Health

Protocol: Clean Slate 1-2 drops per day in food.





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How to Order:

My Referral Link: www.therootbrands.com/yildizbeautifyconfidence

Or go to www.therootbrands.com and use my code “yildizbeautyconfidence” in the “Referred by” box when you sign up.

How it Works:

ROOT is a community of like-minded people who are passionate about natural health and wellness and support each other. We all have a unique “Referral Link” that we can share with friends, family and clients – when you use my link/code, I receive a small ‘Thank You’ from ROOT. To help and support you on your healing journey and learn more about heavy metal detoxing, please join our Whatsapp group here:

<https://chat.whatsapp.com/KOiQk0am5ffBPXa1RfeiTk>

Contact Me:

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ROOT’s YouTube Channel is here: <https://www.youtube.com/@TheROOTBrands>

Dr Dori Naerbo’s YouTube is here: <https://www.youtube.com/@DrDoriNaerboPhD>